



“Values are principles that guide our thinking and behaviour.”

Psalm 116: 5 ‘...Our God is full of compassion.’

Welcome to the latest edition of the St Thomas of Canterbury Value of the Month newsletter. Last month's value was the value of uniqueness, and this month's introduces the value of compassion. The last page of the newsletter also includes an activity to do at home with your child. ***Please feel free to send these back to school to contribute to a celebration display of our children's uniqueness ***

This month's value is:



Compassion

“Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny.”

Mahatma Gandhi



Under the Core Value of:

Quite simply, compassion is kindness. Acts of kindness have the power to change the world. Indeed, it is by giving more that we receive more; not materially, but spiritually. The hymn, Make Me A Channel Of Your Peace includes the following:

‘In giving of ourselves that we receive.’ We know therefore that every act of compassion and kindness makes the world a slightly better place, and that the ripple effect of this holds incredible power. Jesus asks us to love each other as he loved us, and by showing compassion to all we meet, we can live out his command.

What The Children Say:

As their understanding develops, we are really keen to hear from your children at home about their interpretations and understanding of uniqueness. Please tweet the school account @StThomasCant, and/or the class Twitter accounts with any activities or discussions you have had.

How Can you Support At Home?

We would love you to take the opportunity to look at this list of compassionate activities and choose one of them to do with your child/ren, and then share this on the Good Deed Feed which will be in each classroom this month.

https://docs.google.com/document/d/1FWRTib6_HFhIdx3th8VyPLX-iF9Laj7Dh8k0RciVKZA/edit

Please watch this short video with your child as it is a very child friendly way of exploring the concept of compassion as a ‘boomerang’

<https://www.youtube.com/watch?v=nwAYpLVyeFU>